



THE 10-DAY CHALLENGE

GOAL SETTING

LIKE A BOSS BABE

PRETTY & MINDFUL

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WHAT ARE YOUR BENEFITS FROM THE 10-DAY CHALLENGE?

A goal without a plan is just a dream. Do you often find yourself wondering why some people achieve their goals while others give up quickly? That's because they do not have a proper action plan. When you are unsure about how to start your journey to achieve your goals, manifest your desires, overcome self-doubt and insecurities, this 10-day challenge is for you.

HOW IT WORKS

On the next page there is a 10-day plan outlining what you need to do during each day of the challenge. Answer the questions on the following page in order to manifest massive success.

YOUR CHALLENGE AT A GLANCE

Your Success Is Inevitable

DAY 1	DAY 2	DAY 3	DAY 4	DAY 5
<i>DEFINITION</i> Define exactly what success means to you.	<i>VALUES</i> Think about your life and write down your ten most important values.	<i>IMAGINATION</i> Imagine what your perfect life would look like.	<i>GOALS/TIMING</i> Write down your goals. When do you want to achieve them?	<i>PRIORITIES</i> Ask yourself which goal is most important to you.
DAY 6	DAY 7	DAY 8	DAY 9	DAY 10
<i>OBSTACLES</i> Identify any potential obstacle (e.g. behaviors that are blocking you to achieve your goal)	<i>SKILLS/MINDSET</i> What are the skills you need to achieve your goal? Which mindset do you need?	<i>TO-DO</i> What do you need to do to achieve your goal? Which actions do you have to take?	<i>PRIORITIZE</i> Set priorities which task is the most important, 2nd important, 3rd important...	<i>ACTION PLAN</i> Write out your personal action plan in your planner. Plan each day, week and month so that you have your personal roadmap to achieve your goal.

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